

# Jenny Mueller's Volleyball Camps at Pittsburg State University



**2014**  
**TRAINING**  
**SESSIONS**

Name \_\_\_\_\_

Email \_\_\_\_\_

Contact Phone # \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Position \_\_\_\_\_ Grade in Fall 2014 \_\_\_\_\_

School \_\_\_\_\_

Commuter \_\_\_\_\_ Residential \_\_\_\_\_

Roommate \_\_\_\_\_

\*\*\*Check the Box of the Camp Attending\*\*\*

1. June 15-17:

☐

DEFENSIVE TRAINING ACADEMY  
For Liberos/DS, Attackers & Setters

2. June 15-17:

☐

DAY CAMP

☐

INTENSE DAY CAMP

3. July 10-12:

☐

SETTER/HITTER TRAINING ACADEMY

4. July 13-15:

☐

COLLEGE PREP TRAINING ACADEMY

5. July 16-19:

☐

TEAM CAMP TRAINING ACADEMY

## COACHING STAFF

Jenny Mueller is in her first year as Pittsburg State Head Volleyball Coach. Mueller is going into her 4th year as a member of the Gorilla Coaching Staff. During her career she has helped develop 20 All-Conference performers, the 2013 MIAA Freshman of the Year and two NAIA All-Americans.

Assistant Coach Paula Harris joins the Gorilla staff after spending two years at Texas Christian University as the Graduate Assistant. Harris was a two time All-American and brings a very technical aspect to the game.

## HOW TO PARTICIPATE

Submit Parent Release/Hold Harmless Agreement

Submit Payment

## REGISTRATION INFORMATION

- **Online Registration Preferred.** PDF Registration form: Mail to address listed on back.
- Early registration is advised as camp will close when session capacity is reached.
- A camp deposit is due at time of registration and is non-refundable. **\*\*No refunds will be given, unless a Doctor's note is provided.**
- Confirmation will be sent to you via email listed on registration form, unless none is provided.

## FOR MORE INFORMATION

**GORILLAVOLLEYBALLCAMPS.COM**

Or contact Coach Harris:

pharris@pittstate.edu Phone: 314-641-7382

## RESIDENTIAL INFORMATION

Residential campers: bring along the following items:

- Linens, pillows, towels and personal toiletries
- Spandex, knee pads, shoes, change of shirt as needed
- Personal spending money for t-shirts, pizza, etc.

**A Gorilla Volleyball Camp T-shirt will be provided.**

## Parental Release/Hold Harmless Agreement. Must have to participate

As the parent/ guardian of \_\_\_\_\_, I hereby give permission for her participation in any and all activities of the Jenny Mueller Volleyball Camps. I do hereby waive, release, absolve, indemnify and forever discharge Jenny Mueller's Volleyball Camps, its directors, staff, Pittsburg State University, and the Kansas Board of Regents from all claims for damages, injuries, or loss to a person or property which may be sustained during participation in training activities or while at the training site whether or not damages, injury, or loss is due to negligence. I understand that participation in this training program will require physical activities of a nature which could result in injury to participants. I further acknowledge that my child is physically able to participate in training activities and hereby authorize her participation in the training program. I agree to allow my child to be treated by a certified athletic trainer or physician (if necessary) and to assume all costs related to such treatment. I HAVE READ THIS WAIVER OF LIABILITY AND FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Insurance Company's Name \_\_\_\_\_

Policy # \_\_\_\_\_ Group# \_\_\_\_\_ Phone# \_\_\_\_\_

Insured's name: \_\_\_\_\_

Emergency phone# \_\_\_\_\_

In case of emergency if parents can't be reached, contact:

\_\_\_\_\_ phone: \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

I hereby certify that, \_\_\_\_\_ has no Restrictions, which would prevent them from active and full participation in any and all activities related to Camp. Are there any Medical situations we should be aware of??  
\_\_\_\_\_  
\_\_\_\_\_

Parent Signature: \_\_\_\_\_

# Jenny Mueller's Volleyball Camps at Pittsburg State University

**June 15-17, 2014**

## **Defensive Training Academy:**

### **- Grade 6-12 and Incoming College Freshmen**

This camp is highly recommended for Attackers with the desire to play All-6 Rotations, Setters and Libero/Defensive Specialists. The emphasis will be efficient Ball Control technique for Serving, Serve Receive, and all areas of Floor Defense. Visual Feedback through Video Evaluation will be used to accelerate each

player's learning.

Sessions of Training: 6

Day 1: 1-4pm, 6-8pm Day 2: 9-N, 1-4pm, 6-8pm Day 3: 9-N

Residential Camper: \$240, includes all meals and housing

Commuting Camper: \$200, includes noon and evening meals

**June 16-17, 2014**

## **Day Camp:**

### **- No Limit on Age -**

The focus of Day Camp is to introduce the game to beginners to the sport. Training used will emphasize the fundamental skills of Serving, Passing, Setting, and Attacking. And for our younger players, a lighter ball will be used.

Sessions of Training: 4

Day 1: 9-N, 1-4pm Day 2: 9-N, 1-4pm

Commuter Only: \$120, includes Lunch

## **Intense Day Camp:**

### **- No Limit on Age -**

The Intense Day Camp is geared towards players with a little more experience. Players will benefit from a strong emphasis on efficient form and movement training in the skills of Serving, Passing, Setting, Attacking, Defense, and Blocking.

Sessions of Training: 4

Day 1: 9-N, 1-4pm Day 2: 9-N, 1-4pm

Commuter Only \$120, includes Lunch



For All Camps  
Registration is available online at  
[www.GorillaVolleyballCamps.com](http://www.GorillaVolleyballCamps.com)

Or print the front side of this Registration Form.  
Pay the full camp fee or submit a \$125 deposit (non-refundable unless a Doctor's note is provided) and then the remaining balance at Camp Registration.  
Mail to: Pitt State Volleyball \*Team Campers, see  
1701 South Broadway Full Payment  
Pittsburg, KS 66762 Deadline  
Makes checks payable to: Jenny Mueller Volleyball

**July 10-12, 2014**

## **Setter/Hitter Training Academy: - Grade 6-12 and Incoming College Freshmen**

This is a Skill Specific Training camp. Hitters will focus on footwork, body control, arm swing mechanics and ball placement for point scoring. Setters will focus on ball contact, ball delivery and placement, footwork and body control. Visual Feedback through Video Evaluation will be used to accelerate each player's learning. Included will be scrimmage play to display learned technique and skills. The camp is beneficial for setters and hitters from the same school or club program.

Sessions of Training: 6

Day 1: 1-4pm, 6-8pm Day 2: 9-N, 1-4pm, 6-8pm Day 3: 9-N

Residential Camper: \$240, includes all meals and housing

Commuting Camper: \$200, includes noon and evening meals

**July 13-15, 2014**

## **College Prep Training Academy:**

### **- Grades 9-12 and Incoming College Freshmen**

The College Prep Academy is designed for the athlete looking to further their game to the next level. This will be our most intense camp and the focus will be Ball Control for Decisive Point Scoring in addition to fine tuning Skill, Form, and Technique for efficiency. All aspects of the game will be trained; including skills, offensive and defensive tactics/strategy. Individual position training, in addition to competition, to test trained skills and tactics. Visual Feedback through Video Evaluation will be used to accelerate each individual's learning.

Sessions of Training: 7

Day 1: 9-N, 1-4pm, 6-8pm Day 2: 9-N, 1-4pm, 6-8pm Day 3: 9-N

Residential Camper: \$275, includes all meals and housing

Commuting Camper: \$225, includes noon and evening meals

**July 16-19, 2014**

## **Team Training Academy:**

This camp provides each team with individualized Tactic/Technique Practice opportunities, in addition to two rounds of Competition to test those tactics/techniques. Training is designed to meet the needs expressed by the HS Coach. Each team will be assigned an experienced Coach to facilitate. Visual Feedback through Video Evaluation will be used to accelerate each team's learning.

Sessions of Training: 9

Day 1: 1-4pm, 6-8pm Day 2&3: 9-N, 1-4pm, 6-8pm Day 4: 9-N

**All Team Member Fees are due by June 13, 2014**  
**(Post-Marked by June 13, 2014 if mailing)**

\*\*\*Each Residential team must provide one Female Coach/Chaperone who is responsible for the team; she may attend for free. Any additional Coach/Chaperone will be charged \$100 for meals and housing.\*\*\*

**\*\*\*Full Camp Prices On and Before June 13, 2014\*\*\***

Residential Camper: \$275, includes all meals and housing  
Commuting Camper: \$200, no meals included; but can be purchased at the door

**\*\*\*Full Camp Prices June 14, 2014 and After\*\*\***

Residential Camper: \$300, includes all meals and housing  
Commuting Camper: \$225, no meals included, but can be purchased at the door